



2405 Glenmount Drive S.W.
The Glendale/Glendale Meadows

thumper

October 2011 to November 2011



Glendale Online Community Survey!
-see inside page 14

Halloween

Important Numbers

All Emergency Calls	911
Calgary Police Service	266-1234
Ambulance Non-Emergency	261-4000
Alcohol/Drug/Full Family Help	253-5250
Calgary Health Link	943-5465
Child Abuse Hotline	1-800-387-5437
Distress Centre/Drug Centre	266-1605
Gambling Help Line	1-866-332-2322
Hospital - Rockyview	943-3000
Hospital - Children's	955-7211
Parents Resource Line	205-5189
Poison Centre	944-1414
Sexual Assault Centre	237-5888
Suicide Crisis Line	266-0700
Women's Emergency Centre	232-8717

Community Board of Directors

PRESIDENT	Jim Kelly.....	240-2958
PAST-PRESIDENT	Ken Rogers.....	242-7437
VICE PRESIDENT	Ron Pelltier	686-0503
VICE PRESIDENT	Paul McCormick.....	240-4168
TREASURER	Terry Craigmile	246-6218
SECRETARY	Rose Ann Mutrie.....	246-9234
MEMBERSHIPS	Karen Flaws	246-5804
CIVIC AFFAIRS	Grant McArthur.....	249-3319
CIVIC AFFAIRS	Deana Hall	
GLENDALE PRESCHOOL	Carie Lee Watters	249-0638
THUMPER	Kelvin Adolph	519-0051
CASINO	Sue Hamilton	246-2712
SCOUTING	Carson Harding.....	217-5447
SPORTS / RECREATION	
BUILDING	Greg Smith.....	
PUBLICITY	Carson Harding	217-5447
WEB SITE	Wayne Spivak	246-9304
SENIORS COORDINATOR	George Hopkins	249-4829
SOCIAL CONVENOR		
HALL RENTAL	242-2110

thumper

From the Editor

The Glendale Thumper is a forum and news source for residents of the community of Glendale/Glendale Meadows in Calgary. Publication is 6 times a year: Feb, Apr, Jne, Aug, Oct, Dec. We'd love to hear what you, as a reader, would like to see in The Thumper – and always open to submissions of articles, photos, story ideas and more.

Watch the community Web site (www.glendalecommunity.ca) between issues for time-sensitive stories and announcements.

Opinions expressed in this newsletter are not necessarily those of the Board, nor the Organization.

Ad Prices
1/2 page \$50
1/4 page \$30
1/8 page \$20

Material Due
December 10th

Thumper Editor

Kelvin Adolph
kelvin@copperK.com 403-519-0051

President's Message

Isn't the snow on the mountains pretty at this time of the year. I look forward to seeing the snow dusting the tops of mountains. It usually coincides with a changing of the leaves in the approach of Halloween. Speaking of leaves and Halloween the city has again established dropped off points for bags of leaves and old pumpkins. People are encouraged to use these drop off points in an effort to help minimize the impact on garbage collection and landfill space.

Our family Halloween dance and party will be going again this year on the Saturday night prior to Halloween. Get your tickets early, this is always a popular event. Look for other events to follow such as a kid's Christmas party in early December. We're looking at the possibility of a new year's community party at the hall so stayed tuned and watch the sign for any announcements. The new year will see a wine tasting night as well as our annual snow day.

I would like to thank all who came out to our annual general meeting. It was a pleasure to meet some of the new faces in the community and have a chat. We currently have two new people filling key positions with their community, Megan our new janitor and Caylie our new hall rental person. Welcome aboard.

Members of our rink flooding crew will be participating in a city initiative to help communities develop their own rinks. This initiative is being run by community and neighbourhood services and is an excellent opportunity for us to share our experiences in making the best outdoor ice in town. I know that the flooders are eager to go at the first cold snap.

Remember to report all of criminal activity to the City of Calgary police. This helps to ensure that proper statistics are kept and resources are allocated to combatting this antisocial behaviour. If we all speak as one voice our voices are louder.

And finally, I would invite each and every one of you to complete our community survey - (see the link below). This is both fun and will provide us valuable input to seeing what you're all thinking.

Jim Kelly

<http://app.fluidsurveys.com/surveys/ggmca/october15-2011/>

page 14 for more info

mystery photo

Take a look at the photo on the front cover - tell me what this is and where from (inside the community boundaries) this photo was taken - and you qualify for the draw for two large pizzas from Howie's.



Open to all Glendale community residents of any age. To qualify send in the location and description of what you find to thumpereditors@yahoo.com



Last issue's mystery photo was of the "Courage Garden" in front of Glendale Elementary School.

Winner's of the Howie's double large pizza coupons are Zenobia Cook and Erica Nordin.

Your Opinion Matters

What does being part of a community mean to you?

What sorts of things would you like to see happen?

Tell us: anonymous or signed - we'll throw your thoughts/ideas out to the neighbourhood.

email: thumpereditors@yahoo.com.

Interested in a community initiative?
Call 242-2110 or come to our monthly community meeting.
These meetings take place the 2nd Wednesday of each month at 7 pm.

BECOME A COMMUNITY MEMBER

Family Information Record
Sept. 2011 to Sept. 2012 Only \$25 per family

Name _____
Address _____
Email _____
Postal Code _____
Home Phone _____

WILLING TO ASSIST WITH:

- | | |
|--|---|
| <input type="checkbox"/> Recreation/Sports | <input type="checkbox"/> Hockey Rink |
| <input type="checkbox"/> Social Functions | <input type="checkbox"/> Casinos |
| <input type="checkbox"/> Administration | <input type="checkbox"/> Special Events |

Please enclose a \$25 check addressed to Glendale Community Association along with the above information to the mailbox at 4524 Grove Hill Road. Karen will happily deliver you your Membership card. For tennis memberships add an extra \$25 for tennis court key deposit fee.

Note from the Editor

I received an email after the August issue regarding a political advertisement that appeared in the August issue of the Glendale Thumper. Their complaint was that since it wasn't marked as ADVERTISEMENT, that some readers may have thought it was editorial content from the publishers of the Glendale Thumper.

Now I don't actually mind receiving complaints - they tend to outnumber praise by a sizeable margin (sigh . . .), so it is a barometer for me to realize people are actually reading our newsletter and taking it seriously. Raises an interesting question though: how seriously do the citizens of a city regard their community association and the people who run and represent it. How seriously does the City of Calgary regard our communities as distinct entities. What do our alderman and alderwomen think of us?

You may have heard in the media recent reports of a verbal altercation between the community association of Ramsey and their Alderman - to the point where there is no longer any trust and cooperation in their dealings. Accusations fly about pertinent and honest representation.

My impressions are that the city administration and their 'workers on the ground' invest a healthy level of staff and resources to support and coordinate with community associations, because communities, their buildings and grounds, and their representative volunteers are a valuable and natural vehicle to provide services and information to the citizens.

Our own alderman, Richard Pootmans, spent quite a bit of time with us during and after the recent AGM - very much appreciated. But my general observation is that aldermen, as politicians with goals, pay varying degrees of attention in parlaying with the community boards - which really have not much power and perhaps little to offer them.

Oddly, though, I have considerable power. As publisher, editor, chief writer, and graphic layout person of the community newsletter that you are reading right now - (which is really just a very small part of our communities' many initiatives) I can influence. Over months/years of writing friendly opinions and articles, I could slowly evolve a 'motivated' message for my readers.

See how subtle it is - no longer is it "the" readers, but "my" readers.

So, going back to the complaint I mention in my opening paragraph - my first reaction is "I'm a volunteer editor and someone is faulting me on advertising identification . . . c'mon!".

But, okay. Power . . . Let's suss out some policy - (and some invitations).

Glendale Thumper Content Policy:

The main goal of the Thumper is to regularly remind the community residents that there is a community association -- and we're doing stuff to make our resident's lives better.

Everyone is invited to the meetings, and there is a list (in the Thumper) of people and phone numbers to call on matters of concern. Also the Thumper advertises community functions, services, contests, and events on a regular basis. There are columns discussing what's going on socially and regards to building and construction and traffic. There are also general articles talking about a range of things that would hopefully be of some interest to the residents of the community. (There is an open invitation for anyone to submit more of these. There is no size restriction to the Thumper - if I get more stuff then I add more pages.)

..... cont'd

Secondly, The Thumper provides a forum for local schools, festival and event organizers, and political representatives to speak to the residents. The Thumper also publishes articles of interest and education from the local library, and city and health service organizations: so called “public service announcements.”

And finally, The Thumper allows local businesses and organizations to advertise - for a fee - their goods, services, and news. The revenue from this advertising covers a part of the cost of the production of the Thumper.

Interestingly, I’ve seen that many other communities in Calgary have ‘contracted out’ their community newsletter to ‘for profit’ publishers. These newsletters tend to follow the reverse order of the above in that ‘paid for’ advertising compromises the vast majority of the content - with actual community content scarce. Maybe other readers like seeing lots of ads that reveal local businesses - but I suspect most would prefer a more fun and readable rag.

Adversising Policy:

The Thumper charges a modest fee for local businesses and organizations to advertise. Maximum ad size is half a page. I don’t solicit ads, so that helps keep the percentage of advertisements in the Thumper small. (But I don’t turn down ads either.)

What is an ad? Sometimes it’s hard to define. Some of our political representatives have offered to pay - does that make the column from our elected MP an advertisement? I don’t know. St Michael school in Westgate is advertising a Christmas Craft sale - i guess that’s an ad, but I almost don’t have the heart to charge them, cuz they’re so close and they’re fund raising to make their school better. But probably I should because they’re not actually located in our community.

But what about when the Glendale Elementary School sends me a notice to publish? I definitely don’t want to ask for money because they’re our friends and not a business - but, then, they are in the business of attracting students - so maybe i should. Maybe (see last issue)I should be marking the letter from the principal of Glendale Elementary School as ADVERTISEMENT.

Though that would seem weird.

Time to ask for some guidance at the next community board meeting.

Kelvin Adolph

Misunderstood English Words

Dilemma and quandary

A dilemma is when a difficult choice has to be made between two different alternatives. This is different from a quandary, which is a state of being unable to decide what to do especially when there are many possible choices at hand.

Infer and imply

To infer is to deduce, guess or conclude. However, to imply is to suggest. Therefore, the person/ writer making the remark implies something, while the person listening or receiving the information infers something from what is being said.

Affect and effect

As a verb, affect means to influence or have an effect on something; effect as a verb means to execute, produce or accomplish something. As a noun, affect means a feeling or emotion, while effect as a noun means a result. In their most common usage affect is usually used as a verb, and effect as a noun.

Glendale Community Company Profile

Company Name: **Peak Physique**

Owner/Personal trainer: **Alicia Thistlethwaite**

Qualifications: **BKin (Bachelor of Kinesiology from U of C) & CSEP-CPT**
(Canadian Society of Exercise Physiology - Certified Personal Trainer)

Offering consultations, full fitness assessments and personal training (mobile or in personal workout studio.)

Prices: \$20/consultation, \$60/session, \$50/session (12+)

Contact: 403-803-3259 or
athistlethwaite@hotmail.com



Peak Physique
Consultations and Personal Training

Alicia Thistlethwaite
BKin & CSEP-CPT
Personal Trainer

Calgary, AB, Canada
athistlethwaite@hotmail.com
403-803-3259

The business card features a black and white photograph of a person's hands holding a dumbbell. The text is arranged in a clean, professional layout with a mix of bold and regular fonts.



**Handmade Parade
Christmas Craft Sale...**

Sponsored by:
St. Michael School
4511 8 Ave. SW
(2 blocks South of Bow Trail – off 45 St. SW)

**Saturday, November 19, 2011
10 am to 3 pm**

FREE Admission
Huge Raffle!
40+ Fabulous Vendors
Jewellery – Art – Stained Glass
Knitting – Crochet - Candles
Pottery – Homemade Baked
Goods & much more!

The poster features a black and white photograph of a hand holding a Christmas ornament. The text is contained within a white rounded rectangle on the right side of the image.

West LRT Project – Construction Update

With the fall season coming to a close soon road crews will be finishing work before the ground begins to freeze. To date the construction has made a lot of progress completing the LRT bridge over 17 Avenue S.W. along with big advances on the 45 Street and Westbrook LRT Stations. The West LRT project office would like to thank you for your continued patience throughout this construction season. You can check out the progress we have made online at westlrt.ca.

Upcoming construction events that will impact roads near your community for the remainder of fall include:

- Crews will be completing work on 47 Street S.W., building a permanent right-in-right-out intersection at 17 Avenue S.W.
- The northbound and southbound 45 Street S.W. bus bays are scheduled to be completed while the electrical equipment is being installed in the traction power station.
- Crews are grading and paving a number of traffic ramps with the goal of shifting traffic from the 17 Avenue S.W. detour road onto the 17 Avenue S.W. bridge, currently being poured, by the end of the season.

Due to the amount of roadwork undertaken for this project, it's important to plan your route. Here are some suggestions on how you can minimize construction impacts on your commute:

- Use alternate routes
- Take the bus, car pool, ride your bike or walk; for assistance in finding a car-pool, please visit carpool.ca
- Adjust your travel time



For weekly e-mail updates on traffic impacts, sign up to receive Traffic Alerts at westlrt.ca. For updates on Calgary Transit bus route detours and bus stop relocations during West LRT construction, please visit calgarytransit.com.

Dave Taylor, MLA Calgary-Currie

November Newsletter

When it comes to energy and the environment, it's a fine balance.

Alberta has the ability to be a world leader in sustainable energy and we need to get to work on a plan of action to accomplish the transition. And because the most optimistic scenarios suggest it will take between 25 and 50 years before green energy will have the capacity to meet the demand, we also need to acknowledge that the world needs fossil fuels and that Alberta can be one of the most responsible sources of oil and gas on the planet.

I support the Keystone pipeline and let me tell you why.

This is a worthwhile project that will provide economic growth for Alberta and energy security to the United States. The United States remains the biggest and best customer for everything we export, and ensuring your best customer can continue to power its economy so it can continue to buy from you is smart business. Simply put, transitioning to green energy is going to be an expensive proposition. A robust Alberta economy and a healthy oil and gas sector will produce the revenue needed to fund the transition.

Is putting raw bitumen in a pipeline and sending it somewhere else to be upgraded and refined into a value-added product the best strategy? Often it isn't. But often it is. This is where the balance comes in.

While upgrading and refining creates jobs and economic benefit here at home, upgraders and refineries consume a lot of water and produce a lot of emissions that contribute to both climate change and air pollution. The environmental impact of upgrading all the bitumen we produce would be more than Alberta could bear.

The most responsible thing for Alberta to do is to take a leadership role and start applying some of the wealth generated by our fossil fuels to get us to more green energy faster.

As always, please feel free to contact me at any time with your thoughts. Reach the Calgary-Currie office at Calgary.Currie@assembly.ab.ca or 403-246-4794.

Sincerely,



Dave Taylor, MLA Calgary-Currie



I took on the real estate industry in the 1990's when I started my low fees real estate company. I believed commissions were too high, and I was not afraid to take on the 'old boys' network' despite receiving threats for challenging the status quo. In 2011, the real estate industry is competitive and better meets the needs of consumers. I am proud of the part I played in affecting that change.

Now I am ready to take on a new challenge. I think politicians have forgotten that they work for the taxpayer, and that their job is to represent their electorate. It is time for change, and I have decided to run in the next provincial election because I want to do politics different.

To that end, I have been out door knocking in Calgary-Currie four nights a week for over a year now. I have heard you talk about the issues that are important to you, and I have heard you talk about the challenges you face. Most of all, I have heard that you are sick and tired of a government that has stopped listening to the people it's supposed to be working for.

I have heard people in Glendale say that they do not think it is the role of government to legislate morality, but rather to provide more support for families. I have heard you say how important your children's education is, and how we must work to limit tuition increases and provide more choice for parents. I've heard your concerns about how broken the health care system is and how abandoned many seniors are feeling.

I don't want to be your next MLA so I can stand on a soap box and be heard. I want to be your next MLA so you can be heard! Restoring democracy is about you believing that your elected representative knows and cares about the things that are important to you and your family. I want to give the people of Calgary-Currie their voice back, and I can promise to do that because the Wildrose Constitution states, *We believe that elected representatives are to serve honestly, ethically, and with concern for all; that their duty to their electors supersedes their obligations to any political party; and that government must be open and accountable to the people (2.4.2).*

Corrie Adolph, Wildrose candidate

403-648-5140, corrie@corrieadolph.com

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Little Warriors is offering Darkness to Light's Stewards of Children program. It is a revolutionary, three hour sexual abuse prevention training program that educates adults to help prevent, recognize, and react responsibly to child sexual abuse, and motivates them to courageous action. The Stewards of Children program is designed for parents, teachers, caregivers, youth serving organizations, schools and any professional working and/or volunteering with children.

Session Date: **November 14th 6:30 – 9:30 pm**

Where? **Glendale Community Hall**

Cost? \$15 per person (Based on a minimum of 10 confirmed registrants)

To Register: **Call Carie Lee at 403-249-0638 or
email carielee@springbankcheese.ca**



Glendale Quality Care Before and After school Care Opening in September, 2011

Glendale Quality Care is a recreational based childcare program that will Endeavour to meet your child's needs, within a group setting. We will provide the opportunity for your children to participate in a range of activities that will challenge them and encourage daily gross motor, emotional and social enjoyment. Glendale Quality Care is licensed through the province of Alberta.

Our management team has unique experience in the industry combining over 30 years in the out of school care industry. We will offer full-time, part-time, and drop-in care for students at Glendale School. The program will operate between the hours of 7:15am and 5:45pm on regular school days as well as on PD days.

For more information or registration forms please visit our website at
www.qualitycare.ca or email **quality.care@me.com**
You can also reach us at **(403) 264-KIDS (5437)** or **(403) 560-4881**

Yielding to emergency vehicles



Time is the enemy in any emergency. You can help police, fire and EMS get to the scene quickly and safely by following the rules of the road. It's important for motorists to understand how to safely yield right of way to emergency vehicles with lights and siren activated so that everyone stays safe.

What to do when an emergency vehicle approaches with lights and siren activated

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, clear the intersection.
- On a one or two lane road, motorists should move to the right side of the road and stop. Remember to signal.
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles (there is often more than one) before re-entering traffic flow. Remember to signal.
- Remember, emergency vehicles may need to use any available road space to maneuver. This may include the use of shoulders and left hand turning lanes to pass other traffic.

While driving on the road

- Drive defensively at all times. Be attentive to sirens of emergency vehicles and be prepared to yield the right of way.
- It is the law for motorists to slow down to at least 60 km/hour (unless a lower speed is posted) when driving in the lane next to where an emergency vehicle is stopped.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.
- Do not drive on or block the shoulder of highways if emergency vehicles require it for access. Instead, wait for the emergency vehicle to pass before merging safely back in to the flow of traffic.
- Always leave plenty of space between your vehicle and an emergency vehicle in case it should stop suddenly.

HOWIE'S PIZZA
CALGARY'S MOST WANTED!

Bring in this ad and receive
\$2.00 off
pick up orders

"TAKE & BAKE" PIZZAS

NOW AVAILABLE

240-3228

FREE DELIVERY*

*on orders over \$20 within 3 km

Aerobics

Monday and Thursday
9:00 - 10:00am
"at the hall"

Babysitting Available - Bring hand weights and a mat
Call Julie at 246-4524 for more info



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jects: Chem 20/30,
Science 10/30, Bio 20. Prefer
science and math for junior
level. Call Mrs. Cullen: (403)
246-8202





SIGNAL HILL LIBRARY

One Book One Calgary

What happens when the entire city reads one book? Discover the possibilities with One Book, One Calgary! Held each November, this Library-led community-wide reading initiative promotes reading, ignites discussion, and builds community among Calgary's diverse population. This year's selection is *The Cellist of Sarajevo* by Canadian author Steven Galloway.

Join in the exciting series of programs and special events inspired by this moving novel. Pick up the One Book One Calgary Program and Event Guide at your local library or visit us online at onebookonecalgary.com.

HOURS: Monday to Thursday 10-9.
Friday and Saturday 10-5.
Sundays 12-5

What's happening at Signal Hill Library?

Adult Programs

Signal Hill has started a Film Club!

Join us each month to watch and discuss a film with fellow movie buffs. The next two meetings will take place Mondays, November 14 and December 5 from 6:00-8:30 pm. Register in person, by calling 403-260-2620, or online at calgarypubliclibrary.com.

Feeding Your Baby

A registered dietician addresses questions about feeding your baby in the first 12 months. Presented by Alberta Health Services.

Tuesday, Nov. 15

10:15 am- 12:15 pm

Register online at birthandbabies.com

Children's Programs

Drop-In Family Storytime

Drop in for stories, songs, and finger plays the whole family can enjoy.

Ages 2 to 5 with a parent/caregiver

Saturdays, 10:30 – 11:00 through November 26 (program will resume in the new year)

Jingle Bell Babies

Celebrate the festive season with stories, songs, and finger plays especially for babies. Ages 6 to 23 months with a parent/caregiver

Wednesday, December 14 at 10:15-10:45 a.m. OR 11:00-11:30 a.m.

Thursday, December 15 at 10:15-10:45 a.m. OR 11:00-11:30 a.m.

Registration begins November 21 and fills quickly. Babies and parents need valid Library cards in their own names in order to register.

Register in person, online at calgarypubliclibrary.com or by calling 403-260-2620.

All Calgary Public Library locations will be closed Remembrance Day, November 11, 2011.

See you soon at the Signal Hill Library!

Glendale Community Association October 2011 On-line Survey

Why do we choose to live in Glendale?

What do we think of our homes? - what changes would we like to make?

What new development do we consider positive -

What would you prefer not to see in our community?

Walking / Transit / Driving - what changes make sense?

Now you can be heard! To better understand our community, and your preferences and wishes on a number of civic issues, we have put together a comprehensive survey that you can take online. Our goal is for every adult resident of the community to complete this survey.

It's easy - and it's fun - will take about 10 minutes.

Go to <http://app.fluidsurveys.com/surveys/ggmca/october15-2011/>

There are 28 questions - all multiple choice. The first question asks you to include the access code you will find on the back cover of this Thumper. This is important because it allows us to include your results as a resident of the community. All adults in your household are invited to take the survey - so let them know.

(If you would prefer to complete a paper version of the survey. Please phone Kelvin at 403-519-0051.)



*It's a Halloween party with goblins and treats, Ghoulish fun and plenty of sweets
Ghosts and witches and creatures of night, Don't miss the call of Halloween night*

halloween family dance

October 29th 6-9:30pm

Tickets: \$3/\$10 family (advance) \$5/\$15 family (door)

☠ DJ Dan (Hi-tech Productions)

☠ Cash Bar

☠ Kids Games Room

☠ Parade of Costumes

☠ Pizza

☠ Haunted Halls

☠ Prizes

☠ Snack Bar



Glendale/Glendale Meadows Community Centre
For Info/tickets or to volunteer call 403-252-1463

under 13 require parental supervision

*We need extra hands to help
make this as great as it can be.
If you are available to help in any way
contact Andrea at 403-470-6072*